

# Labalm Tour, Tour Nr. 5

An easy training route in the high alpine valley of Spertental, suitable for families but with a steep final ascent to the Labalm (1,264 m).

distance 39,4 km

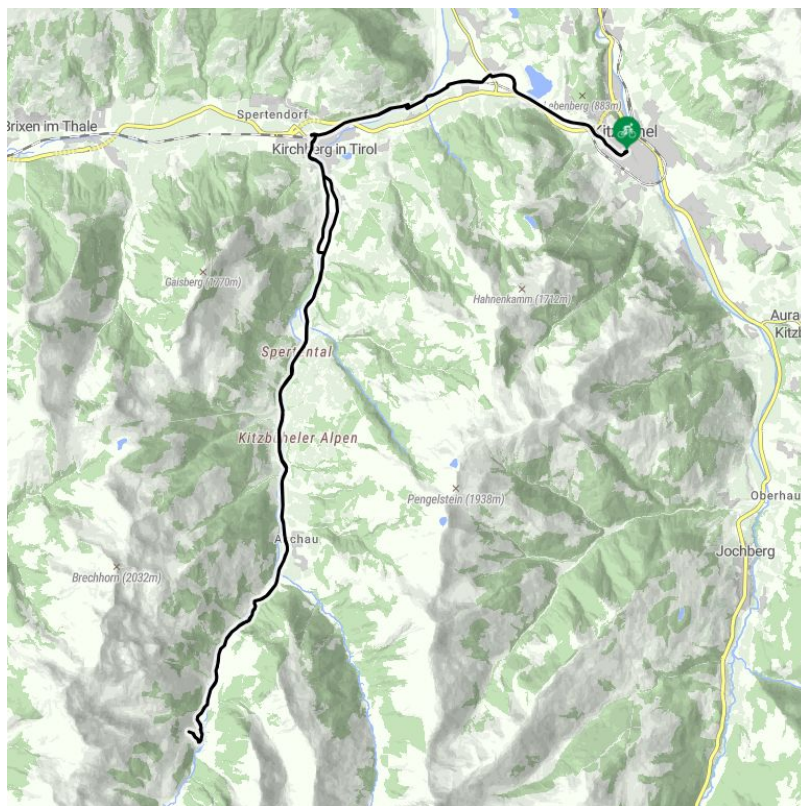
altitude meters uphill 577 m

highest point 1254 m

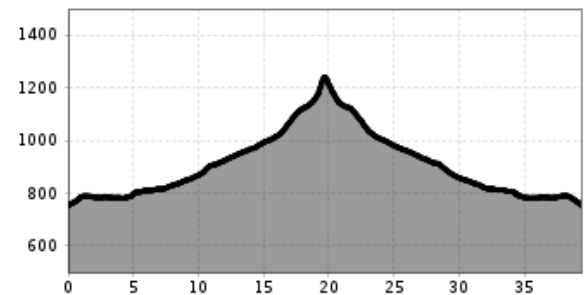
starting point: Kitzbühel - Stadtzentrum

destination point: Kitzbühel - Stadtzentrum

best season: MAY, JUN, JUL, AUG, SEP, OCT



Altitude profile



## Description

From Kitzbühel town centre head west along Schwarzseestraße. After passing the Schwarzsee, cross over the Reither Landesstraße onto a narrow side road and pass the Kitzbühel-Schwarzsee-Reith golf club. The bike path to Kirchberg is partly unpaved, but easily passable. In Kirchberg (centre) head south towards Aschau, into the imposing Spertental. The village centre of Aschau is reached by following the Aschauer Straße, ride on into the valley along the Spertengrundweg in the “Unteren Grund”. Here turn right and take the final steep ascent to the Labalm (1,264 m). The return journey follows the same route back.

## equipment

road bike, helmet, clothing according to weather, light wind jacket recommended, sun blocker and sufficient drinks

## downloads

[GPX FILE](#)

[INTERACTIVE MAP](#)

