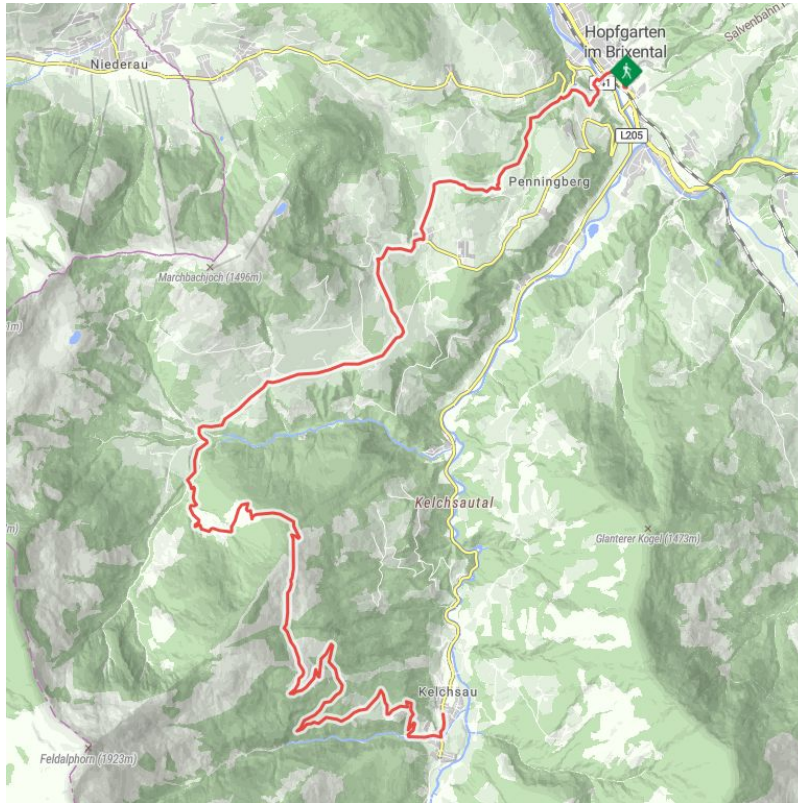


# 1st stage KAT Walk Alpine

Attention forestry work, hiking trail still open  
Stage 1: Hopfgarten - Kelchsau

<b>total walking time</b>	6 h	<b>distance</b>	20,0 km	<b>difficulty</b>	average
<b>altitude meters uphill</b>	800 m	<b>altitude meters downhill</b>	650 m	<b>highest point</b>	1338 m
<b>stamina:</b>	★ ★ ★ ★ ★				
<b>skill:</b>	★ ★ ★ ★ ★				
<b>public transport:</b>	Bus stop: "Hopfgarten Berglift railway station" Train station: "Hopfgarten Berglift Bahnhof "  Guest card = ticket - bus & train included! Online timetables: <a href="http://www.vvt.at">www.vvt.at</a> <a href="http://www.oebb.at">www.oebb.at</a>				
<b>parking:</b>	Free parking between the Salvena event centre and Pletzi's Activity Park. Fee based garage at the Hopfgarten cable car – right at the starting point				
<b>starting point:</b>	Tourist information office - Hopfgarten				
<b>destination point:</b>	Kelchsau				
<b>road quality:</b>	Asphalt road, forest roads, mountain paths (medium difficulty – marked in red)				
<b>best season:</b>	JUN, JUL, AUG, SEP, OCT				



Altitude profile



## Description

The variety-packed route ascends slightly initially through forests and pastures, passing splendid farmsteads in the Penningberg.

After a short, flat route to Innerpenningberg, the second ascent begins to the traditional Haag Alm (not open for business – trough with cooled drinks available for you to serve yourself). With no real ascent worthy of mention you come to the Höhenbrandalm, where the descent via a forest trail to the stage destination of Kelchsau begins. In Kelchsau there are also a few really lovely wood-construction buildings and farms.

From [Hopfgarten tourist information centre](#) in the **centre of village** and at *Intersport Oberhauser*, bear **left** heading down to the **railway underpass**. Go under the railway and continue **straight across** the **bridge**. There is now a short section to the **right**, along the **road** and at the yellow **signpost Penningdörfel**, **1 h** proceed to the **left** for over a **field**.

The path takes you into the **forest**. At the **Blaickenhof** (670m) continue to the **right** on a **forest path**, until you cross the **bridge** over a stream in *Schönbachtal* (short downward section). Now bear **left** for around 100 metres along the **road**, always following the **signposts** for **Penningdörfel** on a **cart path** through *Schönbachtal*.

As soon as you come to the first **meadows**, the path proceeds through them, heading right up to the old **heritage farms** in the **hamlet** of *Hinterlitzl* (765m). Continue on a **forest path**, climbing slightly for around 500 metres, which then more or less evens out at **Penningdörfel** (1 hour from Hopfgarten). In **Penningdörfel** there is also the authentic shop '[Milchbuben](#)', where **homemade cheese** and other **natural farm produce** are **available for purchase**.

Pass the old wooden buildings and follow the **signposts** for *Markbachjoch*, *Feldalphorn*, walking **uphill** for a short section on a forest path, before a steep **path** (*Markbachjoch*, *Feldalphorn*) to the **hamlet** of *Schipfling* (985 m) branches off just in front of a detached house.

As soon as you reach the **access road** (*Mittermoosenweg*), keep **left** on a road which goes **downhill** for around 800 metres to *Innerpenningbergstraße*.

Now **take a right**, heading **into the valley** on a little used **road** for around **two kilometres**, with the final section going slightly **downhill** to *Innerpenningberg* (921 m, approx. 1 ½ hours from *Penningdörfel*).

Cross a **bridge** here and follow the **signposts** to *Haag Alm*. A **forest path** proceeds in several twists and turns, continually climbing through **forest** and **Alpine terrain** up to the traditional *Haag Alm*, where there is a **rustic trough with drinks** (1,320 m, approx. 1 ½ hours from *Innerpenningberg*).

After this, there is still a **short section uphill** to get to the **highest point of the tour** (1,338 m).

The **route** now proceeds slightly **downhill** again to *Höhenbrandalm* (1,299 m). Hike via several **twists** and **turns** on the forest path through the little **ski area** – the final section is on asphalt – **down** to [Kelchsau](#) (around 1 ½ hours from *Haag Alm*).

## equipment

Outdoor clothing Sturdy footwear Sufficient food and drink First aid equipment Mobile phone with full battery & charger Hiking map & guide literature Possibly GPS device or load the GPS data onto the mobile phone Sun protection (sunglasses, sun cream & cap) Rain protection Cash

## downloads

[GPX FILE](#)

[INTERACTIVE MAP](#)

