

# 1st stage KAT Walk Family

Stage 1: Hopfgarten - Brixen im Thale

<b>total walking time</b>	5:30 h	<b>distance</b>	10,0 km	<b>difficulty</b>	average
<b>altitude meters uphill</b>	700 m	<b>altitude meters downhill</b>	1050 m	<b>highest point</b>	1829 m
<b>stamina:</b>	★ ★ ★ ★ ★				
<b>skill:</b>	★ ★ ★ ★ ★				
<b>public transport:</b>	Bus stop: "Hopfgarten Berglift railway station" Train station: "Hopfgarten Berglift Bahnhof "  Guest card = ticket - bus & train included! Online timetables: <a href="http://www.vvt.at">www.vvt.at</a> <a href="http://www.oebb.at">www.oebb.at</a>				
<b>parking:</b>	Free parking between the Salven event centre and Pletzi's Activity Park Paid car park at the Hopfgarten mountain railway - directly at the starting point				
<b>starting point:</b>	Valley Station Salvenbahn - Hopfgarten				
<b>destination point:</b>	Brixen im Thale - centre				
<b>road quality:</b>	Asphalt road, forest roads, mountain paths (medium difficulty – marked in red)				
<b>best season:</b>	JUN, JUL, AUG, SEP				
<b>route typ:</b>	family tour				



Time (hours)	Number of people
0	1150
1	1350
2	1500
3	1700
4	1800
5	1650
6	1450
7	1300
8	1100
9	900
10	800

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*Let's go – your adventure in the mountains starts today!*

*The summit of the Hohe Salve awaits you with a Kraxxl playground and a revolving restaurant. After you've romped, head back towards the valley. On the way, you can explore the Filzalmsee with its exciting discovery zones. But wait a minute: Is that a giant living in the Filzalmsee?*

**Stoabock route:** for sporty families and children in good physical condition with endurance (can be partially shortened with the mountain railway as an option)

**Oachkatzl route:** minimal walking distance, maximum fun – with use of the mountain railway for leisurely hiking days

**Stoabock route (10 km – 700 m uphill – 1,050 m downhill – 5.5 hours):**

At the start of today's hike, the bright red **gondola** of the **Salvenbahn** will take you hard-working ibex up to the **middle station**. How many mountain peaks can you see?

Once there, you can choose whether you want to hike to the **summit** of the **Hohe Salve** or pass up a good bit of distance. To do this, get on the next **cable car** right across the meadow and take it up to the **mountain top**.

Otherwise, the **hiking trail** leads from the middle station towards the summit. Follow the **yellow signs** with the inscription **Rigi, Hohe Salve** and walk **under the cable cars** of the gondola. Above **Gasthaus Tenn**, count to three: After the **third bend**, look for the **sign** towards **Salvenalm, Rigi, Hohe Salve**. You now require muscle strenght: On the steep **cart path** you will march uphill through forest and meadows towards **Hohe Salve** until you reach a **wide forest path**.

The magic number three also applies here: after **three loops** you will already reach the area, where a little detour to the **reservoir Kleine Salve** is worthwhile. **Sun loungers** and **oversized hiking poles**, which look great on **souvenir photos**, await you here. Afterwards, you will head to **Kälberalm** and **Alpengasthof Rigi**. You have been on the road for over an hour now, well done!

From **Alpengasthof Rigi** you will hike on a **forest path** through meadows that are covered in snow in winter and used for skiing. Can you imagine that you are currently on **ski slopes**? After **another hour** you will have done it: real hikers call that a **summit conquest**!

Now you can take a break at the **revolving restaurant** of **Gipfelalm Hohe Salve** or enjoy yourself in **Salvi's Kraxxl-Platzl playground**. Did you know that "kraxxln" means *climbing* in Tyrolean dialect?

Since you have already reached the highest point of the hike, from now on the trail will lead **downhill**. Always follow the **signs** to **Filzalmsee / Brixen** and take the hiking trail to the **Salvensee**. This is used as a storage location so that the snow cannons have enough water to produce snow for the ski slopes in winter.

Past the lake, hike over a **meadow path**, again across the ski slope, towards lake **Filzalmsee**. After a small path in the forest you will reach **Jordankapelle (Jordan Chapel)**. Can you discover the spring from which crystal clear and healthy mountain water rises?

After the chapel, the path leads past **Filzalm** hut before you reach the exciting area around **Filzalmsee**. **Wooden rafts, skittles, water sprayers** and **discovery stations** await curious naturalists! And where is the **giant** of *Filzalmsee* hiding?

After you've learned so much about the exciting mountain world, you can decide whether to take the nearby **Hochbrixen mountain railway** to today's destination, **Brixen im Thale**, or to walk down into the **valley** in around an hour. You have already mastered the first stage – bravo! Tomorrow we will continue with an exciting puzzle tour!

**Oachkatzl Route (4 km – 500 m downhill – 1.5 hours):**

The squirrels among you will take the red **Salvenbahn I** and then **Salvenbahn II** up to the **summit** of **Hohe Salve**. That way you will arrive directly at the **revolving restaurant** of **Gipfelalm Hohe Salve** and at **Salvi's Kraxxl-Platzl** to have fun on the playground!

Then the path leads **downhill**, always following the **signs** towards **Filzalmsee / Brixen**. Past **Salvensee, Jordankapelle (Jordan Chapel)** and **Filzalm** hut, you will reach **Filzalmsee** with its **discovery zones**. After you have mastered the **wooden raft, bowling**, and more, you can take the **Hochbrixen** mountain railway back down into the **valley** and, as true naturalists, you have reached the **stage destination Brixen im Thale**!

**Highlights along the way:**

- **Children's playground, pilgrimage church & Hohe Salve revolving restaurant**  
*directly on the summit of the most beautiful panoramic mountain in Tyrol*

- **Filzalmsee**  
*at 1,300 m, with a wooden raft, biotope & cool nature discovery stations*

## equipment

Outdoor clothing Sturdy footwear Sufficient food and drink First aid equipment Mobile phone with full battery & charger  
Hiking map & guide literature Possibly GPS device or load the GPS data onto the mobile phone Sun protection  
(sunglasses, sun cream & cap) Rain protection Cash

## downloads

[GPX FILE](#)

[INTERACTIVE MAP](#)

