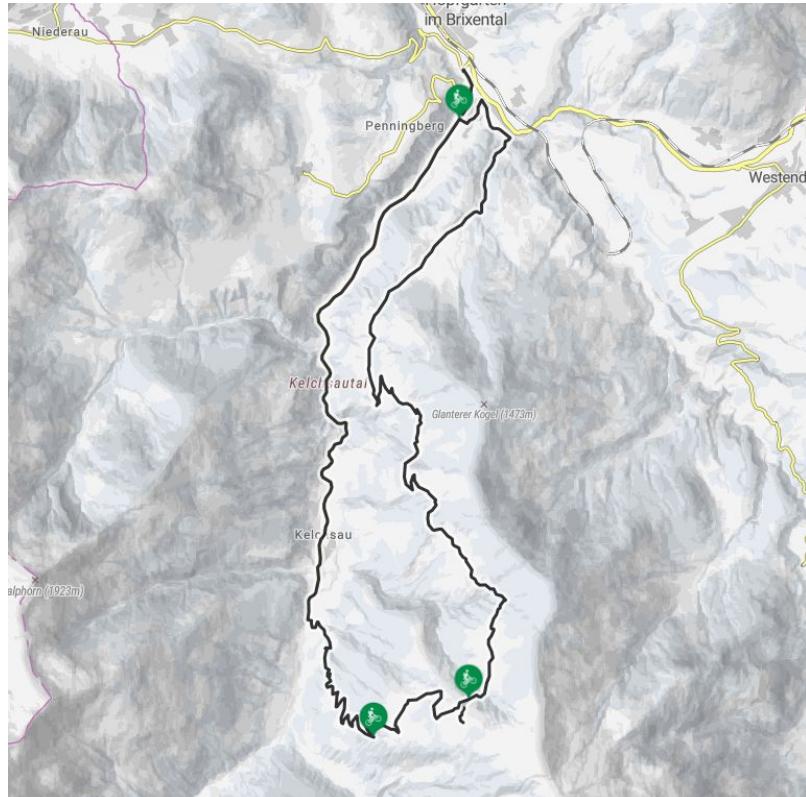
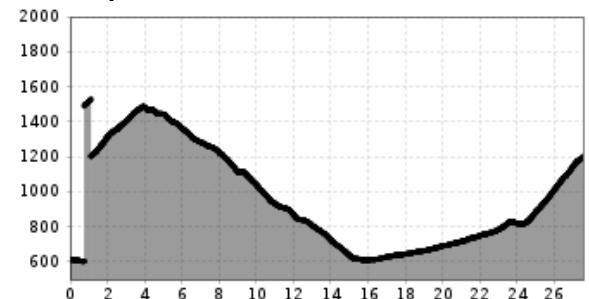


# 228 | Ölbankrunde

<b>distance</b>	28,7 km	<b>difficulty</b>	difficult
<b>altitude meters uphill</b>	950 m	<b>altitude meters downhill</b>	950 m
<b>starting point:</b>	Parkplatz P3 Wasserfeld		
<b>destination point:</b>	Parkplatz P3 Wasserfeld		
<b>best season:</b>	MAY, JUN, JUL, AUG, SEP, OCT		

**Altitude profile**

## Description

A particularly beautiful tour in early summer, when countless alpine roses are in full bloom along the route! This extensive and challenging tour starts at the bike and MTB info point at the P3 Wasserfeld parking lot and follows the Kelchsauer Landesstraße for approx. 500 m along the stream in the direction of Kelchsau. Turn left, cross the bridge and ride through the hamlet of Elsbethen to the Glantersberg / Gruberberg junction. Turn right here onto Glantersbergstraße and follow the route uphill through meadows and sparse forest to Glantersberg. Once at the top, the Glantersberg offers a magnificent view of the Hohe Salve and the many old farms along the way. Turn left at the Toif farm and follow the steeply ascending gravel road across the alpine pastures high above Kelchsau. The tour leads past the Vordere and Hintere Ölbankalm before the turn-off for a detour to the Lodronalm appears. TIP: An ascent of the Lodron (approx. 1 hour walk from the Lodronalm) on the trail of the KAT hiking trail is worthwhile. The descent into Kelchsau runs along forest and alpine paths past the Demmehütten and extensive alpine meadows. Once in the valley, a stop at the traditional Fuchswirt inn offers a cozy end to the bike tour before the last stage leads back to the starting point in Hopfgarten via the Kelchsau country road.

## downloads

[GPX FILE](#)[INTERACTIVE MAP](#)

