

Achenlauf Nr. 13

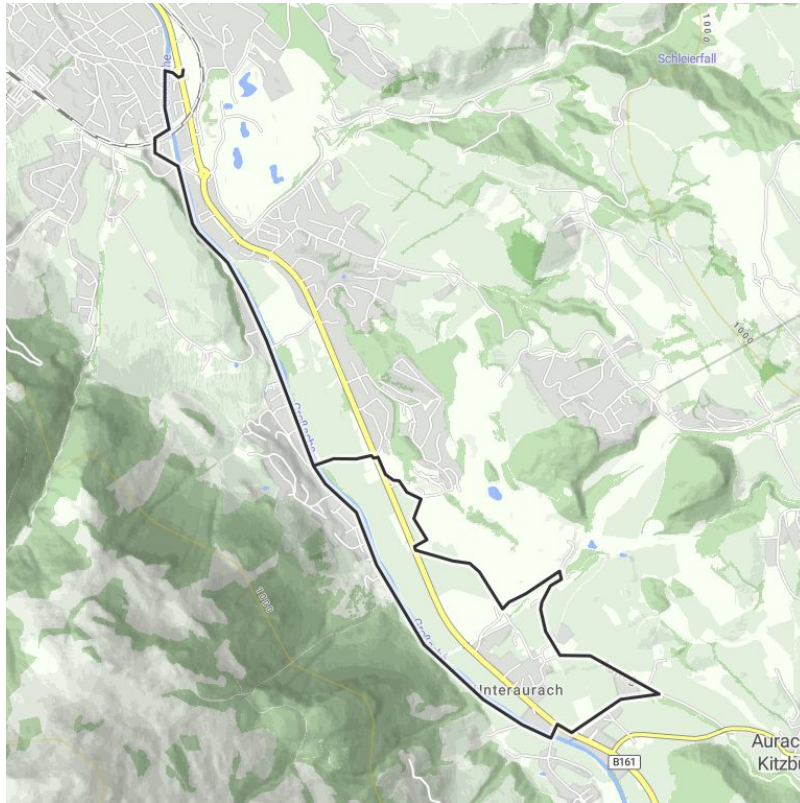
A flat route of medium length, ideal for training, running alongside the River Ache.

distance 8,5 km

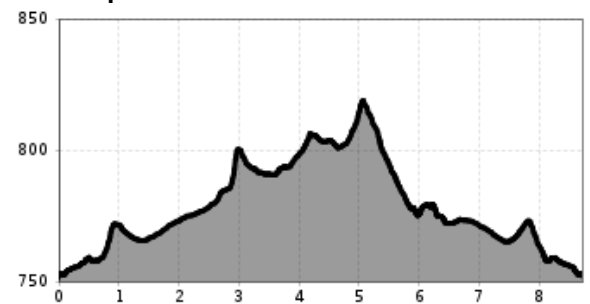
altitude meters uphill 132 m

highest point 810 m

destination point: Achenpromenade / Sportpark in Kitzbühel



Altitude profile



Description

Starting at the Achenpromenade and heading south, you follow the southern bank of the crystal clear Kitzbuehel Ache River, heading towards Aurach, where the valley changes to the opposite side. The Achenlauf passes through magnificent meadows and the centre of the village of Unteraurach before travelling along a gentle gradient to the west. At Staudach the valley side changes back again and travels along the Achenpromenade once more back to the starting point.

equipment

Laufschuhe, wetterbedingte Sportbekleidung

downloads

[GPX FILE](#)

[INTERACTIVE MAP](#)