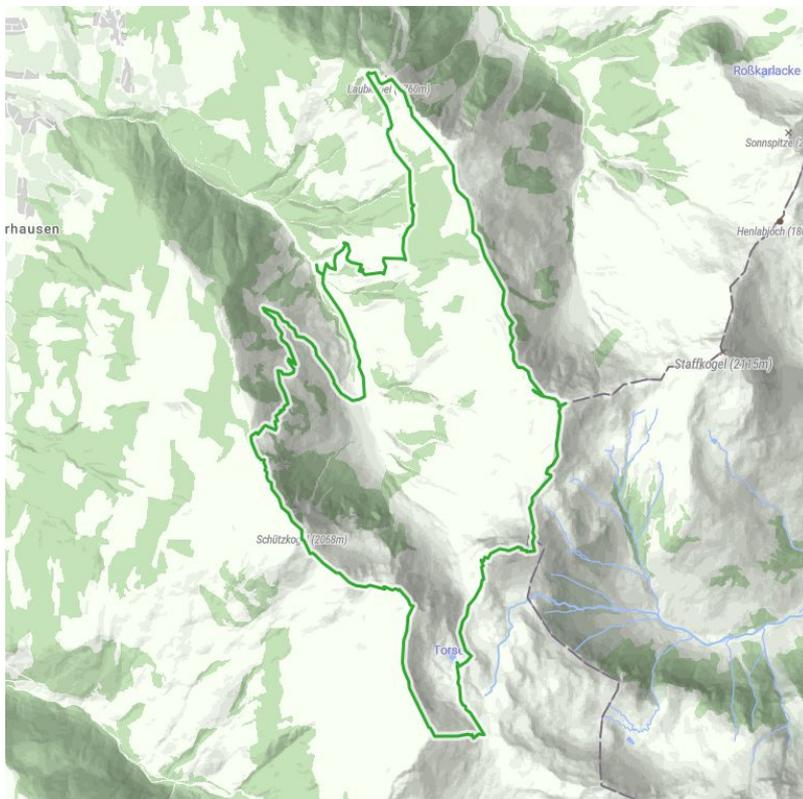


# Gamsroas - The 9 summit experience

Climb the highest peaks of the local grassy mountains.

<b>total walking time</b>	11 h	<b>distance</b>	17,7 km	<b>difficulty</b>	difficult
<b>altitude meters uphill</b>	1447 m	<b>altitude meters downhill</b>	1447 m	<b>highest point</b>	2174 m
<b>starting point:</b>	Parkplatz Bochumerhütte (Kelchalm Ruine)				
<b>destination point:</b>	Parkplatz Bochumerhütte (Kelchalm Ruine)				
<b>road quality:</b>	gravel, alpine paths, meadow paths				
<b>route typ:</b>	circuit				



Altitude profile



## Description

The 9-summit experience trail starts from Bochumer Hütte car park and passes the "Bochumer Hütte" mountain hut on the way up to the first summit, the Laubkogel. From there it runs along the ridge to Hahnenkämpel, Rauber and Saalkogel. The subsequent climb up to the 5th summit, the Tristkogel, guarantees unique views of the surrounding mountains. After a little refreshment the route leads uphill towards the Torssee lake and the Teufelssprung summit. The hike continues via the 7th summit, the Gamshag, which leads to the Kleiner Schütz and the Schützko (Großer Schütz). The route back down passes the Schlichtenalm and the Niederkaseralm mountain huts before returning to the starting point.

## Route

Parkplatz Pochwerk, Bochumer Hütte (Kelchalm), Laubkogel, Hahnenkämpel, Rauber, Saalkogel, Tristkogel, Torssee, Teufelssprung, Gamshag, Kleiner Schütz, Schützko, Schlichtenalm, Parkplatz Pochwerk

## equipment

ankle-high, sturdy shoes, functional clothing suitable for mountaineering, rain protection, sun protection, plenty of drinks, comfortable rucksack, hiking poles, snacks

## arrival

**Parking spot**  
Parking Bochumerhütte

## hut/alpine hut

[Kelchalm](#) | [Bochumer Hütte](#) closed

## downloads

[GPX FILE](#)

[INTERACTIVE MAP](#)

