

# Karstein Nr. 39

<b>total walking time</b>	4 h	<b>distance</b>	9,1 km	<b>difficulty</b>	average
<b>altitude meters uphill</b>	626 m	<b>altitude meters downhill</b>	626 m	<b>highest point</b>	1922 m
<b>starting point:</b>	Bichlalm Parkplatz				
<b>destination point:</b>	Bichlalm Parkplatz				
<b>road quality:</b>	Asphalt, Schotterweg, Wanderweg, Alpiner Pfad				



Altitude profile



## Description

### Route

Oberaigen - Bichlalm - Lämmerbühel - Karstein

### equipment

wetterbedingte Bekleidung, passendes Schuhwerk

## arrival

**Parking spot**  
Parking Bichlalm

## hut/alpine hut

Alpengasthof Bichlalm

## downloads

[GPX FILE](#)

[INTERACTIVE MAP](#)

