KAT Walk Alpine stage 4 Stage 4: Aschau - Kitzbühel

total walking time	7:30 h	distance	16,0 km	difficulty	average
altitude meters uphill	1050 m	altitude meters downhill	1300 m	highest point	1938 m

stamina:

skill:

Bus stop Aschau (Kirchberg in Tirol) Dorf – directly at the starting point public transport:

Timetables: www.vvt.at

Kitzbüheler Alpen guest card = free ticket for local public transport! More information can be

found here.

starting point: Aschau bei Kirchberg

destination point: Kitzbühel - centre

road quality: Asphalt road, forest paths, mountain path (medium difficulty - marked in red), alpine hiking

JUN, JUL, AUG, SEP, OCT best season:





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Description

On the tracks of the legendary Hahnenkamm race...

You get a taste of World Cup atmosphere along the Streif race course with explanatory panels, famous sections such as Hausbergkante or Mausefalle. Daily destination is the city center of the "most legendary" sports town of the Kitzbühel Alps!

Preliminary notes:

From the Hahnenkamm take the cable car <u>Hahnenkammbahn</u> to **Kitzbühel** and **save** some **two hours** on the **descent time**. Please note the cable car opening and operating hours!

The tour starts in the centre of **Aschau** between **Gredwirt** and **Aschauer Hof** get your bearings with the **route markers Pengelstein, 3 hours,** and ascend on the **path** initially through **pasture**, then later on brief sections up in the **forest** again. **Forest paths** are crossed on several occasions, get your bearings by following the **signs** to **Pengelstein** or **Schwarzkogel**. The route ascends steadily through the **Alpine pasture** area and past **Kleinmoos Niederalm** (1,624 m). The steep **path** (some damp sections) crosses the ruins of **Obere Kleinmoosalm**, continuing through a wide **trough** up to **Schwarzkogelscharte**.

Continue now on the path to the *Pengelstein* through an area of Alpine roses, passing small lakes ("Lacken") to the first mountain stations for the ski lifts and *Pengelsteinsee*. The route proceeds along the mountain ridge to the less prominent summit of the *Pengelstein* (3 hours from Aschau, refreshment stop option at <u>Bergrestaurant Pengelstein</u>) across to the pretty *Jufenalm*. Keep heading for the *Ehrenbachhöhe* and the *Hahnenkamm*. Continue now on the forest path and down to mountain restaurant <u>Hochbrunn</u>. At the guesthouse, after a section across a forest path, you can also shorten the route by heading directly across the ski piste (steep tracks). Bear left here, continuing to *Ehrenbachhöhe* and not even a hundred metres later, bear left again heading up on a hiking path to *Ehrenbachhöhe*.

At the top get your bearings and orient yourself to *Ehrenbachhöhensee*, then hike behind the **lake** on a short section through the pastureland up to *Bernhardkapelle* chapel. Continue now on the **forest path** over to the nearby Hahnenkammbahn (1668 m; 45 minutes from *Ehrenbachhöhe*). There is an option to **shorten the route** here and head straight down to **Kitzbühel** on the **gondola**.

Anyone who has enough energy left to **keep hiking** can head for **Hocheckhütte**, which is beneath the mountain station, and through the **ski area** down to the **Seidlalm**. Hike directly along the renowned **Streif race route** (**Streif race route trail No. 26**). **Mausefalle, Steilhang** and **Hausbergkante** are household names. The route proceeds via **lake Seidlalmsee**, which can be seen far and wide, to the **Seidlalm** (1,206 m). After the Seidlalm head along the **race route** to **Lärchenschuss**. Cross **Lärchenschuss** and follow the **hiking path** through a short section of **forest** to the **Hausbergkante**. The final **big screen** is at the **Hausbergkante** (watch the skiers in action live here).

The descent proceeds straight across the *Hausbergkante* to the *Ganslern slalom slope*. The zig-zag path leads us past *Ganslern Alm*, passing the fastest section of the race route (where speeds of up to 140 km/hr are reached). The **finish** area is used as a **golf course** in the **summer**. The **path** now proceeds to the *Hausbergtal* road, follow this down into the valley and the **signposts** for **Kitzbühel's** *Hahnenkammbahn* valley station (approx. 2 hours from the *Hahnenkamm* mountain station). From the valley station it is around 5 minutes to the **centre** of **Kitzbühel**.

equipment

Breathable outdoor clothing, sufficient food and drinks, first aid equipment, mobile phone with full battery & charger, hiking map & guide books, possibly GPS device or load the GPS data onto the mobile phone, sun protection (sunglasses, sunscreen & hat), rain cover, cash

arrival

Stop

Bus route 4004: Kitzbühel - Aschau

downloads

GPX FILE INTERACTIVE MAP

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