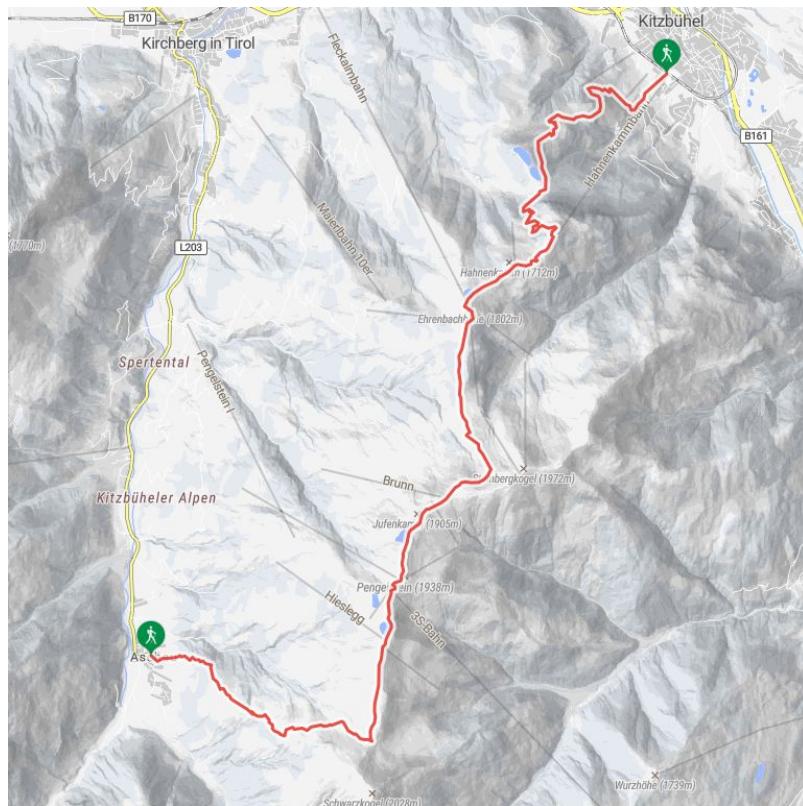


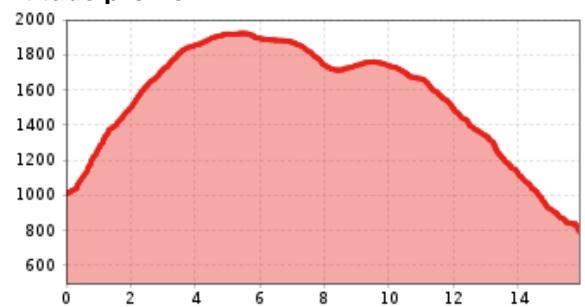
KAT Walk Alpine stage 4

Stage 4: Aschau - Kitzbühel

total walking time	7:30 h	distance	16,0 km <th>difficulty</th> <td>average</td>	difficulty	average
altitude meters uphill	1050 m	altitude meters downhill	1300 m	highest point	1938 m
stamina:					
skill:					
public transport:	Bus stop Aschau (Kirchberg in Tirol) Dorf – directly at the starting point Timetables: www.vvt.at				
	Kitzbüheler Alpen guest card = free ticket for local public transport! More information can be found here.				
starting point:	Aschau bei Kirchberg				
destination point:	Kitzbühel - centre				
road quality:	Asphalt road, forest paths, mountain path (medium difficulty - marked in red), alpine hiking trails				
best season:	JUN, JUL, AUG, SEP, OCT				



Altitude profile



Description

On the tracks of the legendary Hahnenkamm race...

You get a taste of World Cup atmosphere along the Streif race course with explanatory panels, famous sections such as **Hausbergkante** or **Mausefalle**. Daily destination is the city center of the "most legendary" sports town of the Kitzbühel Alps!

Preliminary notes:

From the **Hahnenkamm** take the **cable car Hahnenkammbahn** to **Kitzbühel** and **save** some **two hours** on the **descent time**. Please note the cable car opening and operating hours!

The tour starts in the centre of **Aschau** between **Gredwirt** and **Aschauer Hof** get your bearings with the **route markers Pengelstein, 3 hours**, and ascend on the **path** initially through **pasture**, then later on brief sections up in the **forest** again. **Forest paths** are crossed on several occasions, get your bearings by following the **signs** to **Pengelstein** or **Schwarzkogel**. The route ascends steadily through the **Alpine pasture** area and past **Kleinmoos Niederalm** (1,624 m). The steep **path** (some damp sections) crosses the ruins of **Obere Kleinmoosalp**, continuing through a wide **trough** up to **Schwarzkogelscharte**.

Continue now on the path to the **Pengelstein** through an area of Alpine roses, passing small lakes ('Lacken') to the first **mountain stations** for the **ski lifts** and **Pengelsteinsee**. The route proceeds along the **mountain ridge** to the less prominent **summit** of the **Pengelstein** (3 hours from Aschau, refreshment stop option at **Bergrestaurant Pengelstein**) across to the pretty **Jufernalm**. Keep heading for the **Ehrenbachhöhe** and the **Hahnenkamm**. Continue now on the **forest path** and **down** to mountain **restaurant Hochbrunn**. At the guesthouse, after a section across a **forest path**, you can also shorten the route by heading directly across the **ski piste** (steep tracks). Bear **left** here, continuing to **Ehrenbachhöhe** and not even a hundred metres later, bear left again heading up on a **hiking path** to **Ehrenbachhöhe**.

At the **top** get your bearings and orient yourself to **Ehrenbachhöhensee**, then hike behind the **lake** on a short section through the pastureland up to **Bernhardkapelle** chapel. Continue now on the **forest path** over to the nearby **Hahnenkammbahn** (1668 m; 45 minutes from **Ehrenbachhöhe**). There is an option to **shorten the route** here and head straight down to **Kitzbühel** on the gondola.

Anyone who has enough energy left to **keep hiking** can head for **Hocheckhütte**, which is beneath the mountain station, and through the **ski area** down to the **Seidlalm**. Hike directly along the renowned **Streif race route (Streif race route trail No. 26)**. **Mausefalle**, **Steilhang** and **Hausbergkante** are household names. The route proceeds via lake **Seidlalmsee**, which can be seen far and wide, to the **Seidlalm** (1,206 m). After the Seidlalm head along the **race route** to **Lärchenschuss**. Cross Lärchenschuss and follow the **hiking path** through a short section of **forest** to the **Hausbergkante**. The final **big screen** is at the **Hausbergkante** (watch the skiers in action live here).

The **descent** proceeds straight across the **Hausbergkante** to the **Ganslern slalom slope**. The zig-zag path leads us past **Ganslern Alm**, passing the fastest section of the race route (where speeds of up to 140 km/hr are reached). The **finish area** is used as a **golf course** in the **summer**. The **path** now proceeds to the **Hausbergtal road**, follow this down into the valley and the **signposts** for **Kitzbühel's Hahnenkammbahn valley station** (approx. 2 hours from the **Hahnenkamm** mountain station). From the valley station it is around 5 minutes to the **centre of Kitzbühel**.

equipment

Breathable outdoor clothing, sufficient food and drinks, first aid equipment, mobile phone with full battery & charger, hiking map & guide books, possibly GPS device or load the GPS data onto the mobile phone, sun protection (sunglasses, sunscreen & hat), rain cover, cash

arrival

Stop

Bus route 4004: Kitzbühel - Aschau

downloads

[GPX FILE](#)

[INTERACTIVE MAP](#)

