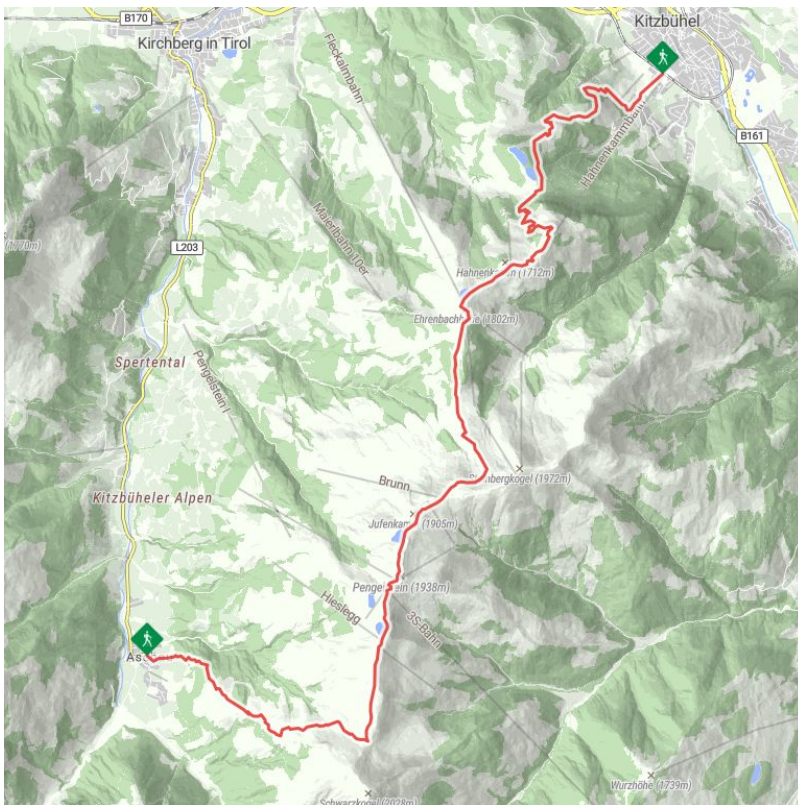


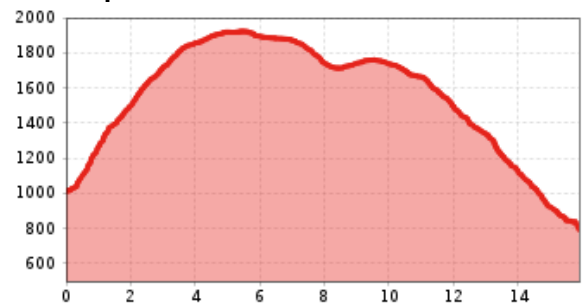
# KAT Walk Alpine stage 4

## Stage 4: Aschau - Kitzbühel

|                               |  |                                 |         |                      |         |
|-------------------------------|--|---------------------------------|---------|----------------------|---------|
| <b>total walking time</b>     | 7:30 h   | <b>distance</b>                 | 16,0 km | <b>difficulty</b>    | average |
| <b>altitude meters uphill</b> | 1050 m   | <b>altitude meters downhill</b> | 1300 m  | <b>highest point</b> | 1938 m  |
| <b>stamina:</b>               | ★ ★ ★ ★ ★  |                                 |         |                      |         |
| <b>skill:</b>                 | ★ ★ ★ ★ ★  |                                 |         |                      |         |
| <b>public transport:</b>      | Bus stop Aschau (Kirchberg in Tirol) Dorf – directly at the starting point<br>Timetables: <a href="http://www.vvt.at">www.vvt.at</a><br><br>Kitzbüheler Alpen guest card = free ticket for local public transport! More information can be found here. |                                 |         |                      |         |
| <b>starting point:</b>        | Aschau bei Kirchberg   |                                 |         |                      |         |
| <b>destination point:</b>     | Kitzbühel - centre   |                                 |         |                      |         |
| <b>road quality:</b>          | Asphalt road, forest paths, mountain path (medium difficulty - marked in red), alpine hiking trails  |                                 |         |                      |         |
| <b>best season:</b>           | JUN, JUL, AUG, SEP, OCT  |                                 |         |                      |         |



Altitude profile



## Description

*On the tracks of the legendary Hahnenkamm race...*

*You get a taste of World Cup atmosphere along the Streif race course with explanatory panels, famous sections such as Hausbergkante or Mausefalle. Daily destination is the city center of the "most legendary" sports town of the Kitzbühel Alps!*

Preliminary notes:

From the **Hahnenkamm** take the **cable car [Hahnenkammbahn](#)** to **Kitzbühel** and **save some two hours** on the **descent time**. Please note the cable car opening and operating hours!

The tour starts in the centre of **Aschau** between **[Gredwirt](#)** and **[Aschauer Hof](#)** get your bearings with the **route markers [Pengelstein](#), 3 hours**, and ascend on the **path** initially through **pasture**, then later on brief sections up in the **forest** again. **Forest paths** are crossed on several occasions, get your bearings by following the **signs** to **[Pengelstein](#)** or **[Schwarzkogel](#)**. The route ascends steadily through the **Alpine pasture** area and past ***Kleinmoos Niederalm*** (1,624 m). The steep **path** (some damp sections) crosses the ruins of ***Obere Kleinmoosalm***, continuing through a wide **trough** up to ***Schwarzkogelscharte***.

Continue now on the path to the ***Pengelstein*** through an area of Alpine roses, passing small lakes („Lacken“) to the first **mountain stations** for the **ski lifts** and ***Pengelsteinsee***. The route proceeds along the **mountain ridge** to the less prominent **summit** of the ***Pengelstein*** (3 hours from Aschau, refreshment stop option at **[Bergrestaurant Pengelstein](#)**) across to the pretty ***Jufenalm***. Keep heading for the ***Ehrenbachhöhe*** and the ***Hahnenkamm***. Continue now on the **forest path** and **down** to mountain **restaurant [Hochbrunn](#)**. At the guesthouse, after a section across a **forest path**, you can also shorten the route by heading directly across the **ski piste** (steep tracks). Bear **left** here, continuing to ***Ehrenbachhöhe*** and not even a hundred metres later, bear left again heading up on a **hiking path** to ***Ehrenbachhöhe***.

**At the top** get your bearings and orient yourself to ***Ehrenbachhöensee***, then hike behind the **lake** on a short section through the pastureland up to ***Bernhardkapelle*** chapel. Continue now on the **forest path** over to the nearby **[Hahnenkammbahn](#)** (1668 m; 45 minutes from *Ehrenbachhöhe*). There is an option to **shorten the route** here and head straight down to **Kitzbühel** on the **gondola**.

Anyone who has enough energy left to **keep hiking** can head for **[Hocheckhütte](#)**, which is beneath the mountain station, and through the **ski area** down to the ***Seidlalm***. Hike directly along the renowned **Streif race route (*Streif race route trail No. 26*)**. ***Mausefalle*, *Steilhang*** and ***Hausbergkante*** are household names. The route proceeds via **lake *Seidlalmsee***, which can be seen far and wide, to the **[Seidlalm](#)** (1,206 m). After the Seidlalm head along the **race route** to ***Lärchenschuss***. Cross ***Lärchenschuss*** and follow the **hiking path** through a short section of **forest** to the ***Hausbergkante***. The final **big screen** is at the ***Hausbergkante*** (watch the skiers in action live here).

The **descent** proceeds straight across the ***Hausbergkante*** to the ***Ganslern slalom slope***. The zig-zag path leads us past ***Ganslern Alm***, passing the fastest section of the race route (where speeds of up to 140 km/hr are reached). The **finish area** is used as a **golf course** in the **summer**. The **path** now proceeds to the ***Hausbergtal road***, follow this down into the valley and the **signposts** for **Kitzbühel's *Hahnenkammbahn valley station*** (approx. 2 hours from the *Hahnenkamm* mountain station). From the valley station it is around 5 minutes to the **centre** of **[Kitzbühel](#)**.

## equipment

Breathable outdoor clothing, sufficient food and drinks, first aid equipment, mobile phone with full battery & charger, hiking map & guide books, possibly GPS device or load the GPS data onto the mobile phone, sun protection (sunglasses, sunscreen & hat), rain cover, cash

## downloads

[GPX FILE](#)

[INTERACTIVE MAP](#)

