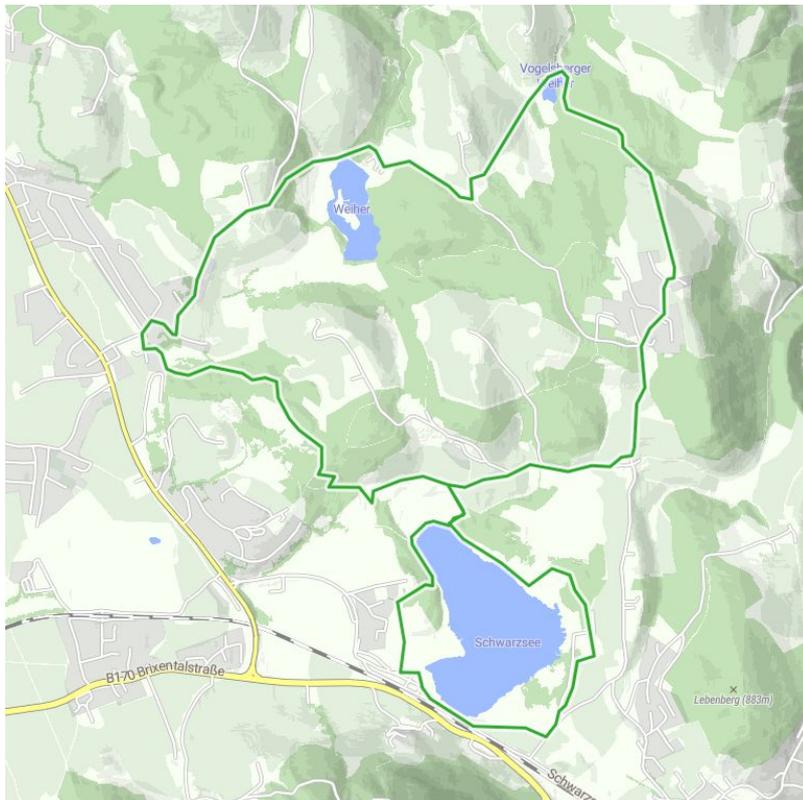


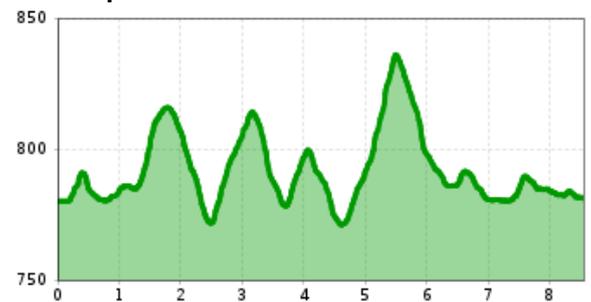
KitzTrail Balance

The KitzTrail BALANCE takes us along quiet paths to three idyllic moorland lakes and a Tyrolean spiritual source with a unique aura.

total walking time	3 h	walking time uphill	3 h	walking time downhill	3 h
distance	8,4 km				
altitude meters uphill	208 m	altitude meters downhill	208 m	highest point	830 m
starting point:	Schwarzsee				
destination point:	Schwarzsee				
road quality:	Tarmac road, gravel path				
route typ:	circuit family tour				



Altitude profile



Description

:: We start at the Schwarzsee 1 public lake resort car park (free of charge). At the large KitzRunning sign, we cross a small bridge and head north, following the KitzTrail BALANCE signs.

:: We walk via the Lutzenberg on peaceful, narrow paths to the romantic 15th-century Schlosshotel Münichau, leaving the noise and stress of everyday life behind us. Continuing east, after approx. 30 minutes we reach the first highlight of the hike: the wild romantic moorland lake Gieringer Weiher with amazing views of the Wilder Kaiser. If the weather is good, we take a refreshing dip in the relaxing woodland pool (charges apply) and replenish our energy afterwards with exquisite delicacies at the charming forest restaurant. With the unique panorama of the Wilder Kaiser constantly in view, we feel peace and spiritual oneness.

:: After walking for another 15 minutes, we reach a unique Tyrolean spiritual source: the sacred Findling am Erber Kreuz – a massive stone that was transported here millennia ago by the glaciers of the Hohe Tauern and has long been regarded as a node of spiritual energy. We take a picnic so we can absorb the power of the stone and meditate on the essential things in life.

:: We continue to Vogelsberg Weiher – a small, beautiful moorland lake on the edge of the forest. We linger in the silence for a few minutes and observe the unique flora and fauna of the Kitzbühel Alpine region, before continuing for 25 minutes to the rustic Wirtshaus Steuerberg which boasts amazing views over the Jochberg mountain to the south as well as the Wilder Kaiser and its highest point the Ellmauer Halt (2,344 m). The restaurant is famous for its amazing cuisine that perfectly combines traditional local specialities with international flair.

:: We take a tarmac road down the Steuerberg. At the base of the hill, we follow the signs for “Schwarzsee” and continue to the starting point of the KitzTrail BALANCE: the Schwarzsee – where Kitzbühel locals come to relax and replenish their energies. We end our hike with a rejuvenating summer drink on the lake terrace, paddle our feet in the cool water of the moorland lake and enjoy the revitalising effect of our walk.

TIP: In good weather, don't forget to bring your swimwear! We highly recommend the KitzTrail BALANCE in rainy weather too.

equipment

Sturdy, ankle-high footwear, functional mountain clothing, waterproofs, sun protection, plenty to drink, a comfortable rucksack, hiking poles, snacks

arrival

Parking spot

P10 - parking Schwarzsee

downloads

[GPX FILE](#)

[INTERACTIVE MAP](#)



