

# 228 | Ölbankrunde

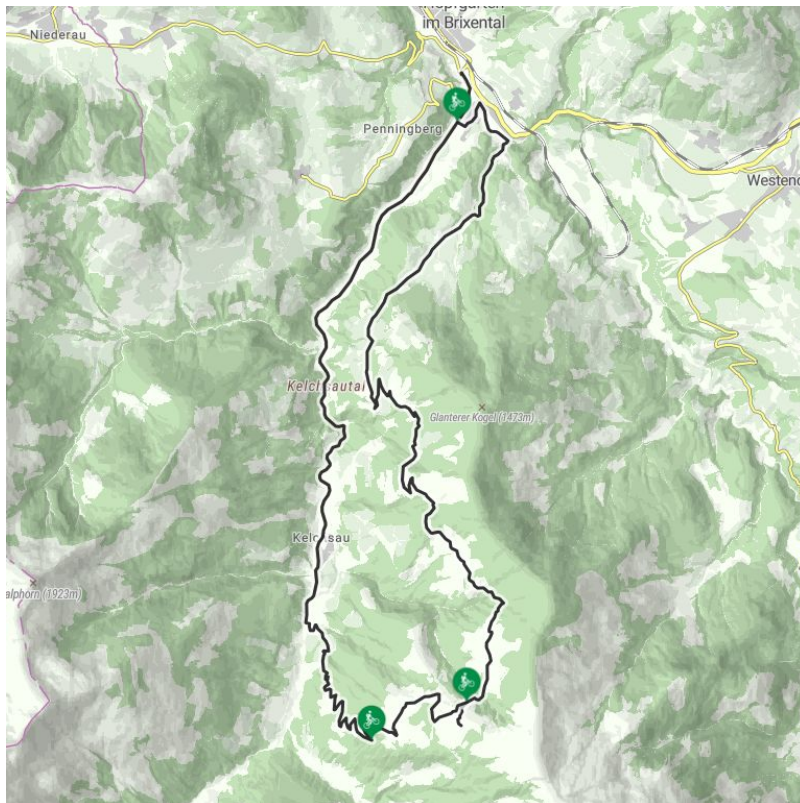
<b>Länge</b>	28,7 km	<b>Schwierigkeit</b>	Schwer
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<b>Höhenmeter Bergauf</b>	950 hm	<b>Höhenmeter Bergab</b>	950 hm
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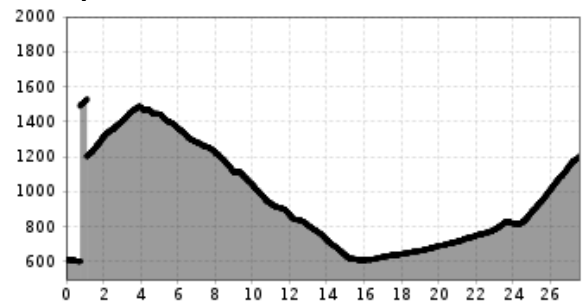
<b>Ausgangspunkt:</b>	Parkplatz P3 Wasserfeld
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<b>Endpunkt:</b>	Parkplatz P3 Wasserfeld
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<b>Beste Jahreszeit:</b>	MAI, JUN, JUL, AUG, SEP, OKT
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Höhenprofil



## Beschreibung

A particularly beautiful tour in early summer, when countless alpine roses are in full bloom along the route. The difficult tour starts at the Bike and MTB Info Point at the P3 Wasserfeld car park in Hopfgarten. Ride for approx. 500 m on the Kelchsauer Landesstraße along the stream towards Kelchsau, then turn left and cross the bridge. Continue through the hamlet of Elsbethen to the Glantereisberg / Gruberberg junction. Turn right onto the Glantereisbergstraße and follow the uphill trail through meadows and sparse woodland to the Glantereisberg. The Glantereisberg offers magnificent views of the Hohe Salve and the many old farms along the way. Turn left at the Toif farm and follow the now steeper gravel road further into the alpine pasture area high above Kelchsau. The tour passes the Vordere and Hintere Ölbankalm before the turnoff for a detour to the Lodronalm appears. TIP: an ascent of the Lodron (from the Lodronalm approx. 1 h) on the tracks of the KAT Walk. The descent to Kelchsau leads along forest and alpine paths past the Demmelshütten and extensive alpine pastures. Once in the valley, refreshments await you at the traditional Fuchswirt inn before the last stage leads you along the Kelchsau provincial road back to the starting point in Hopfgarten.

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